CARROTS

```
Nutrition and Health
C
                        A
f
                                       f
         35
                    Selection
                         f.
                        f
                     Storage
              f
                        f
                                              f
         f
                        . (C
   f
            .) C
                        , f
                  Preparation
                                     f
                                 f .C
        . A
                                   . f
                    6 ( .\( \times \) ( )-\( \times -5 \) ( 2 ( )1\( \times \) ()2 ( )62 ( )6 )13 )-6C D( (, )1\( \times \) )6 ( )6. ( )4( )
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Copper Pennies 2,

